

Dear Colleague

## PHARMACEUTICAL SERVICES: GLUTEN FREE FOOD ITEMS

### Summary

1. This Circular informs community pharmacy contractors, dispensing doctor practices, GPs, and NHS Boards that a new part of the Scottish Drug Tariff will be introduced from 1 December 2018, listing Gluten Free Food items that may be prescribed on GP10 or supplied through the community pharmacy Gluten Free Food Service (GFFS). It also provides a list of Gluten Free products that have been discontinued within the past year.

### Background

2. Following their recent consultation on limiting the prescribing of gluten-free foods (GFF) in England, the Department of Health and Social Care (DHSC) has determined that it will allow only Gluten Free bread and mixes to be prescribed within NHS England. The Scottish Government has not consulted on this matter and the Government's approach remains that within NHSScotland, individuals who have an appropriate clinical diagnosis should continue to be able to access a wider range of staple GFF on prescription.

3. Circular PCA(P)(2017)9, published on 6 September 2017, provided the latest Gluten Free Food Prescribable Product List for NHSScotland.

### Detail

4. From 1<sup>st</sup> December, new Part 16 of the Scottish Drug Tariff will list Gluten Free Food items available for supply and payment within NHSScotland. This new part of the Scottish Drug Tariff will be published online in early December at <http://www.isdscotland.org/Health-Topics/Prescribing-and-Medicines/Scottish-Drug-Tariff/>

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#### Addresses

##### For action

Chief Executives, NHS Boards

##### For information

Chief Executive, NHS NSS  
Directors of Pharmacy, NHS  
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5. A number of products have been discontinued since the last iteration of the list in September 2017 and a list of such items is attached as an Annex to this Circular. This is intended to assist NHS Boards to remove these items from their local formularies.
6. A revised Gluten Free Prescribable Product List will be published and circulated to Boards in January 2019.
7. Only products that are listed in the Scottish Drug Tariff and on the formulary established by the NHS Board concerned may be provided.
8. In the unlikely instance that IT software flags up a product as being on the 'blacklist' due to it not being allowed in England, prescribers, community pharmacy contractors and dispensing doctor practices should check that the product is listed in the Scottish Drug Tariff, and therefore allowed by NHSScotland. If this is the case, then the blacklist warning can be disregarded. We are working with software suppliers to ensure that they are aware of divergence in the prescribing of gluten-free products between different parts of the UK.
9. Community Pharmacy Scotland has been consulted on the contents on this Circular.

#### **Action**

10. NHS Boards are to review their formularies for Gluten Free Food and update them as necessary to remove discontinued and unavailable products. This circular should be shared with all community pharmacy contractors, dispensing doctor practices and General Practices for information.
11. Community pharmacy contractors are to ensure that any products provided under the GFFS are included in the Scottish Drug Tariff and their Board's own formulary.

Yours sincerely



**Rose Marie Parr**  
Chief Pharmaceutical Officer/  
Deputy Director Pharmacy & Medicines Division

## GLUTEN FREE FOOD PRODUCTS – DISCONTINUED AND UNAVAILABLE ITEMS

The following items have been confirmed by the manufacturers as either being discontinued or no longer available for prescription. These products should be removed from health board formularies.

This list is accurate at the time of publishing based on information from manufacturers.

### 1. Bread & Rolls

**Proceli** - Part Baked Baguettes (Crusty) (2pack x 125g) 250g (PIP Code: 328-2803)

The above Proceli product is not available in Scotland from 13/11/2018.

#### **Warburtons**

Gluten Free Sliced Seeded Bread 400gx4 (PIP Code: 401-8867)

Gluten Free White Baguette (2 pack x 80g) 160gx4 (PIP Code: 381-3805)

Gluten Free White Thin Rolls (4 pack x 43g) 172gx4 (PIP Code: 391-4496)

Gluten Free Seeded Thin Rolls (4 pack x 43g) 172gx4 (PIP Code: 402-3511)

The above Warburton Products have been discontinued from 01/03/2018.

### 2. Home Baking

**Glutenex** - Gluten Free White Bread Mix 500g (PIP Code: 395-1456)

The above Glutenex product has been discontinued.

**Orgran** - Easy Bake Bread Mix 450g (PIP Code: 273-4796)

The above Orgran product has been discontinued.

**Proceli** - Plain White Flour 1kg (PIP Code: 328-4577)

The above Proceli product is not available in Scotland from 13/11/2018.

### 3. Pizza Bases

**Proceli** – Pizza Bases (2 pack) 250g (PIP Code: 309-8357)

The above Proceli product is not available in Scotland from 13/11/2018.

### 4. Pasta

**Glutafin** - Pasta shells (Conchiglie) 500g (PIP Code: 250-0676)

The above Glutafin product will be discontinued from 30/11/2018.

**Orgran** - Corn Spirals 250g (PIP Code: 209-7590)

**Orgran** - Rice & Millet Spirals 250g (PIP Code: 200-4133)

The above Orgran products have been discontinued.

5. **Crackers & Crispsbread**

**Juvela** - Crackers (2x62.5g) 125g (PIP Code: 337-9576)

The above Juvela product was discontinued in June 2017.

**Warburtons** – Gluten Free Bran Crackers 150g (PIP Code: 378-4865)

The above Warburton product was discontinued on 06/07/2018.