



**NHS Pharmacy First Scotland  
Approved List of Products**

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**Changes made in this Edition:**

Update to Section 10 Skin to remove Epimax Ointment and Epimax Paraffin free Ointment from NHS Grampian's list only.

## NHS Pharmacy First Scotland: Approved list of products

### Introduction

The Scottish Government NHS Circular [PCA \(P\)\(2020\)13](#), published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist's assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff](#), Part 17, hosts the approved list of products.

### Notes

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

- A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
- When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost-effective one should be selected.
- When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.
- When submitting reimbursement claims for products supplied, it is important that the label and claim should match the product as it is written in the Approved List. For example, if listed generically in the Approved List then the label and claim must be for the generic item. If listed as a branded product then the label and claim should be for that branded product.

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# 1. Gastrointestinal System

## 1.1 Dyspepsia and Gastro-oesophageal reflux

<b>1<sup>st</sup> Line</b>	Co-magaldrox 195mg/220mg/5ml oral suspension sugar free	<b>Pack Size</b>	500 ml
<b>1<sup>st</sup> Line</b>	Peptac Liquid Aniseed	<b>Pack Size</b>	500 ml
<b>1<sup>st</sup> Line</b>	Peptac Liquid Peppermint	<b>Pack Size</b>	500 ml

## 1.2 Gastrointestinal smooth muscle spasm

	Hyoscine butyl bromide 10 mg tablets	<b>Pack Size</b>	20
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## 1.3 Irritable Bowel Syndrome

	Mebeverine 135 mg tablets	<b>Pack Size</b>	15
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## 1.4 Acute Diarrhoea

<b>1<sup>st</sup> Line</b>	Dioralyte oral powder sachets blackcurrant Dioralyte oral powder sachets citrus Dioralyte oral powder sachets plain	<b>Pack Size</b>	6, 20*
<b>2<sup>nd</sup> Line</b>	Dioralyte Relief oral powder sachets blackcurrant Dioralyte Relief oral powder sachets raspberry	<b>Pack Size</b>	6
<b>2<sup>nd</sup> Line</b>	Loperamide 2 mg capsules	<b>Pack Sizes</b>	6, 10, 12

## 1.5 Constipation

	Ispaghula husk 3.5 g effervescent granules sachets gf sf	<b>Pack Sizes</b>	10, 30
	Macrogol compound oral powder sachets NPF sugar free	<b>Pack Sizes</b>	20, 30
	Bisacodyl 5 mg gastro-resistant tablets	<b>Pack Sizes</b>	20
	Glycerol 1 g suppositories	<b>Pack Size</b>	12
	Glycerol 2 g suppositories	<b>Pack Size</b>	12
	Glycerol 4 g suppositories	<b>Pack Size</b>	12
	Senna 7.5 mg tablets	<b>Pack Size</b>	20
	Sennosides 7.5 mg/5 ml oral solution sugar free	<b>Pack Size</b>	150 ml
<b>2<sup>nd</sup> Line</b>	Lactulose 3.1-3.7g/5ml oral solution **	<b>Pack Sizes</b>	300 ml, 500 ml

## 1.6 Haemorrhoids

	Anusol Cream	<b>Pack Size</b>	23 g
	Anusol Ointment	<b>Pack Size</b>	25 g
	Anusol Plus HC Ointment <i>(Treatment should not be for longer than 7 days with hydrocortisone containing products)</i>	<b>Pack Size</b>	15 g
	Anusol Plus HC suppositories <i>(Treatment should not be for longer than 7 days with hydrocortisone containing products)</i>	<b>Pack Size</b>	12
	Anusol suppositories	<b>Pack Size</b>	12

\* Packs of 20 sachets may be split up into 5 sachets per patient. Contractors should endorse the pack size and quantity for each dispensing.

\*\* Lactulose 3.1-3.7g/5ml oral solution products are 2<sup>nd</sup> line osmotic laxative.

## 2. Respiratory

### 2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))

	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg / ml oral solution sugar free	Pack Size	70 ml, 200ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg / 5ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg / 5ml sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml
	Fexofenadine 120 mg tablets (PGD)	Pack Size	30

### 2.2 Cough

	Simple linctus paediatric sugar free	Pack Size	200 ml
	Simple Linctus sugar free	Pack Size	200 ml

### 2.3 Nasal Congestion

	Xylometazoline 0.05% drops	Pack Size	10 ml
	Xylometazoline 0.1% drops	Pack Size	10 ml
	Xylometazoline 0.1% nasal spray	Pack Size	10 ml
	Mandanol 0.9% nasal drops (M & A Pharmachem Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (Almus Pharmaceuticals Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (Orbis Consumer Products Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (RX Farma)	Pack Size	10 ml

### 2.4 Nasal Allergy

	Beclometasone dipropionate 50 micrograms/actuation nasal spray (PGD for 200 doses pack)	Pack Sizes	100 doses, 180 doses, 200 doses
	Mometasone furoate 50 micrograms/actuation nasal spray, suspension (PGD)	Pack Sizes	140 doses

## 3. Central Nervous System

### 3.1 Travel sickness

	Cinnarizine 15 mg tablets	Pack Size	15
	Hyoscine hydrobromide 150 micrograms tablets	Pack Size	12
	Hyoscine hydrobromide 300 micrograms tablets	Pack Size	12

### 3.2 Analgesics and Antipyretics

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Paracetamol 120 mg /5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 120 mg /5 ml oral suspension paediatric	Pack Size	100 ml
	Paracetamol 250 mg /5 ml oral suspension sugar free	Pack Size	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets ***	Pack Size	24

<b>3.3 Migraine and associated symptoms</b>			
	Aspirin dispersible 300 mg tablets	<b>Pack Size</b>	32
	Aspirin tablets 300 mg	<b>Pack Size</b>	32
	Prochlorperazine 3 mg buccal tablets	<b>Pack Size</b>	8
	Sumatriptan 50 mg tablets	<b>Pack Size</b>	2

## 4. Musculoskeletal & Joint

<b>4.1 Musculoskeletal &amp; Joint</b>			
	Ibuprofen 100 mg/5 ml oral suspension sugar free	<b>Pack Sizes</b>	100 ml
	Ibuprofen 200 mg tablets	<b>Pack Size</b>	24
	Ibuprofen 400 mg tablets	<b>Pack Size</b>	24
	Ibuprofen 5% gel	<b>Pack Sizes</b>	30 g, 50 g
	Paracetamol 120 mg/5 ml oral suspension paediatric sugar free	<b>Pack Sizes</b>	100 ml, 200 ml
	Paracetamol 120 mg /5 ml oral suspension paediatric	<b>Pack Size</b>	100 ml
	Paracetamol 250 mg/5 ml oral suspension sugar free	<b>Pack Sizes</b>	100 ml, 200 ml
	Paracetamol 500 mg tablets	<b>Pack Size</b>	32
	Paracetamol 500 mg soluble tablets ***	<b>Pack Size</b>	24

\*\*\* Note: Product has high salt content.

## 5. Infections

<b>5.1 Vaginal Candidiasis</b>			
	Clotrimazole 1% cream	<b>Pack Size</b>	20 g
	Clotrimazole 500 mg pessaries	<b>Pack Size</b>	1
	Fluconazole 150 mg capsule	<b>Pack Size</b>	1
<b>5.2 Fungal Skin Infections (not nail)</b>			
	Clotrimazole 1% and hydrocortisone 1% cream	<b>Pack Size</b>	15 g
	Miconazole 2% and hydrocortisone 1% cream	<b>Pack Size</b>	15 g
	Miconazole 2% cream	<b>Pack Size</b>	30 g
	Terbinafine 1% cream	<b>Pack Sizes</b>	15 g
<b>5.3 Preparations for warts and verrucae</b>			
	Occlusal 26% Solution	<b>Pack Size</b>	10 ml
	Salactol Paint	<b>Pack Size</b>	10 ml
	Salatac gel	<b>Pack Size</b>	8 g
	Bazuka Extra Strength 26% gel (Diomed Developments Ltd)	<b>Pack Size</b>	5ml
<b>5.4 Cold sores</b>			
	Aciclovir cream 5%	<b>Pack Size</b>	2 g
<b>5.5 Threadworm</b>			
	Mebendazole 100 mg chewable tablets sugar free	<b>Pack Size</b>	1
	Mebendazole 100 mg/5 ml oral suspension	<b>Pack Size</b>	30 ml

<b>5.6 Head lice</b>			
	Dimeticone 4% lotion	<b>Pack Sizes</b>	50 ml, 150 ml
	Dimeticone 4% cutaneous spray	<b>Pack Size</b>	120 ml
	Nitcomb - M2	<b>Pack Size</b>	1
	Nitcomb - S1	<b>Pack Size</b>	1
	Nitty Gritty NitFree Steel Nit Comb	<b>Pack Size</b>	1
<b>5.7 Scabies, Pubic (Crab) Lice</b>			
	Malathion 0.5% aqueous liquid	<b>Pack Size</b>	150 ml
	Permethrin 5% cream	<b>Pack Size</b>	30 g
<b>5.9 Impetigo</b>			
	Fusidic acid 2% cream (PGD)	<b>Pack Size</b>	15 g
	Hydrogen peroxide 1% cream	<b>Pack Size</b>	25 g, 40 g
<b>5.10 Shingles</b>			
	Aciclovir 400 mg tablets (PGD)	<b>Pack Size</b>	56
	Aciclovir 800 mg tablets (PGD)	<b>Pack Size</b>	35
	Aciclovir 400 mg dispersible tablets (PGD)	<b>Pack Size</b>	56
	Aciclovir 800 mg dispersible tablets (PGD)	<b>Pack Size</b>	35
<b>5.11 Bacterial skin infections</b>			
	Flucloxacillin 250 mg capsules (PGD)	<b>Pack Size</b>	28
	Flucloxacillin 500 mg capsules (PGD)	<b>Pack Size</b>	28
	Flucloxacillin 250 mg/5 ml oral solution (PGD)	<b>Pack Size</b>	100 ml



## 6. Urinary Tract Disorders

### 6.1 Cystitis

#### Local Formulary choices – UTI PGDs

Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.

NHS Board	1st Line	2nd Line
Ayrshire and Arran	Trimethoprim	N/A
Borders	Trimethoprim	Nitrofurantoin
Dumfries and Galloway	Trimethoprim	Nitrofurantoin
Fife	Trimethoprim	Nitrofurantoin
Forth Valley	Trimethoprim	Nitrofurantoin
Greater Glasgow and Clyde	Trimethoprim	Nitrofurantoin
Grampian	Trimethoprim	N/A
Highland	Trimethoprim	Nitrofurantoin
Lanarkshire	Trimethoprim	Nitrofurantoin
Lothian	Trimethoprim	Nitrofurantoin
Orkney	Trimethoprim	Nitrofurantoin
Shetland	Trimethoprim	N/A
Tayside (access to test results in pharmacy)	Nitrofurantoin	Trimethoprim
Tayside (no access to test results except via GP or OOH)	Trimethoprim	Nitrofurantoin
Western Isles	Trimethoprim	Nitrofurantoin

Nitrofurantoin 50 mg tablets (PGD)	<b>Pack Size</b>	28
Nitrofurantoin 100 mg modified-release capsules (PGD)	<b>Pack Size</b>	14
Trimethoprim 100 mg tablets (PGD)	<b>Pack Size</b>	28
Trimethoprim 200 mg tablets (PGD)	<b>Pack Size</b>	6
Trimethoprim 200 mg tablets (PGD)	<b>Pack Size</b>	14
Sodium citrate 4 g oral granules sachets	<b>Pack Size</b>	6
Sodium citrate 4 g oral powder sachets	<b>Pack Size</b>	6
Potassium citrate 3 g granules sachets sugar free	<b>Pack Size</b>	6

## 7. Eye

### 7.1 Infected Eye

	Chloramphenicol 0.5% eye drops	<b>Pack Size</b>	10 ml
	Chloramphenicol 1% eye ointment	<b>Pack Size</b>	4 g

### 7.2 Management of Dry Eye

	Artelac Nighttime 0.2% Gel	<b>Pack Size</b>	10 g
	Carbomer 0.2% Gel (Medicom Healthcare Ltd)	<b>Pack Size</b>	10 g
	Clinitas Carbomer 0.2% Eye Gel	<b>Pack Size</b>	10 g
	Lumecare Carbomer 0.2% Eye Gel	<b>Pack Size</b>	10 g
	Ocufresh 0.2% Lubricating Eye Gel (Blumont Healthcare Ltd)	<b>Pack Size</b>	10 g
	Xailin 0.2% Eye Gel	<b>Pack Size</b>	10 g
	Evolve Carbomer 980 0.2% Eye Gel preservative free	<b>Pack Size</b>	10 g
	Hylo Night eye ointment preservative free	<b>Pack Size</b>	5g
	Hypromellose 0.3% eye drops	<b>Pack Size</b>	10 ml
	Xailin Night eye ointment preservative free	<b>Pack Size</b>	5g
	AaCarb Carbomer 0.2% eye gel	<b>Pack Size</b>	10g
	GelTears 0.2% gel	<b>Pack Size</b>	10g
	Viscotears 2mg/g liquid gel	<b>Pack Size</b>	10g

### 7.3 Allergic Eye Conditions

	Sodium cromoglicate 2% eye drops	<b>Pack Sizes</b>	5 ml, 10 ml
	Olopatadine 1mg/1ml eye drops (PGD)	<b>Pack Size</b>	5 ml

## 8. Ear

### 8.1 Removal of Ear Wax

<b>1<sup>st</sup> Line:</b>	Olive oil ear drops (Alissa Healthcare Research Ltd)	<b>Pack Size</b>	10 ml
	Arjun ear drops	<b>Pack Size</b>	10ml
	Olive oil ear drops (Bell, Sons & Co (Druggists) Ltd)	<b>Pack Size</b>	10ml
	Care olive oil ear drops	<b>Pack Size</b>	10ml
	KliarVax Olive Oil ear drops	<b>Pack Size</b>	10ml
	Olive oil ear drops (Numark Ltd)	<b>Pack Size</b>	15ml
	Otadrop olive oil ear drops	<b>Pack Size</b>	10ml
	Olive oil ear drops (Sai-Meds Ltd)	<b>Pack Size</b>	10ml
	Olive oil ear drops (St Georges Medical Ltd)	<b>Pack Size</b>	10ml
<b>2<sup>nd</sup> Line:</b>	Sodium bicarbonate 5% ear drops (Alissa Healthcare Research Ltd)	<b>Pack size</b>	10 ml
	Sodium bicarbonate 5% ear drops (Bell, Sons & Co (Druggists) Ltd)	<b>Pack size</b>	10 ml
	KliarVax Sodium Bicarbonate ear drops	<b>Pack size</b>	10 ml
	Sodium bicarbonate 5% ear drops (Sai-Meds Ltd)	<b>Pack size</b>	10 ml
	Sodium bicarbonate 5% ear drops (Thornton & Ross Ltd)	<b>Pack size</b>	10 ml

### 8.2 Otitis Externa

	Acetic acid 2% solution	<b>Pack Size</b>	5 ml
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## 9. Mouth

### 9.1 Oral Ulceration and Inflammation

	Benzydamine 0.15% oromucosal spray sugar free	<b>Pack Size</b>	30 ml
	Benzydamine 0.15% mouthwash sugar free	<b>Pack Size</b>	300 ml
	Chlorhexidine gluconate 0.2% mouthwash	<b>Pack Size</b>	300 ml
	Corsodyl 0.2% mouthwash – alcohol free	<b>Pack Size</b>	300 ml
	Anbesol liquid	<b>Pack Sizes</b>	10 ml
	Hydrocortisone 2.5 mg muco-adhesive buccal tablets sugar free	<b>Pack Size</b>	20

### 9.2 Oral Thrush

	Miconazole 2% w/w oral gel	<b>Pack Size</b>	15 g
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## 10. Skin

### 10.1 Eczema and Allergy

Lists for each NHS Board below

**NHS Ayrshire & Arran**

**Emollients:**

	Doublebase gel	<b>Pack Sizes</b>	100 g, 500 g
	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g, 1 kg
	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	500 g
	QV cream	<b>Pack Sizes</b>	100 g, 500 g
	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
	Zeroveen cream	<b>Pack Sizes</b>	100 g, 500 g

**Emollient bath and shower additives:**

	Hydromol Bath and Shower emollient	<b>Pack Sizes</b>	350 ml, 500 ml
	QV 85.09% bath oil	<b>Pack Sizes</b>	250 ml
	QV Gentle wash	<b>Pack Sizes</b>	250 ml, 500 ml

**Bath/shower preparations with antimicrobials:**

	Dermol 500 lotion	<b>Pack Size</b>	500 ml
	Dermol 600 bath emollient	<b>Pack Size</b>	600 ml
	Oilatum Plus bath additive	<b>Pack Size</b>	500 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

**White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff**

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	500 g
	Fifty:50 ointment	<b>Pack Sizes</b>	500 g
	KreaMoint 50:50 Ointment	<b>Pack Sizes</b>	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	<b>Pack Sizes</b>	500 g

<b>NHS Borders</b>			
<b>East Region Formulary (NHS Borders, Fife and Lothian)</b>			
<b><u>Emollients (light weight):</u></b>			
<b>1<sup>st</sup> Line</b>	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
<b>2<sup>nd</sup> Line</b>	Oilatum cream	<b>Pack Sizes</b>	150 g, 500 ml
<b>2<sup>nd</sup> Line</b>	Cetraben cream	<b>Pack Sizes</b>	50 g, 150 g, 500 g, 1050 g
<b>2<sup>nd</sup> Line</b>	QV cream	<b>Pack Size</b>	500 g
<b>2<sup>nd</sup> Line</b>	Zerodouble gel	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	Zeroveen cream	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	QV skin lotion 5%	<b>Pack Sizes</b>	250 ml, 500 ml
<b><u>Emollients (heavy weight):</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
<b>2<sup>nd</sup> Line</b>	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	250 g
<b>2<sup>nd</sup> Line</b>	Emulsifying ointment	<b>Pack Size</b>	500 g
<b><u>Emollient bath and shower additives:</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
<b>2<sup>nd</sup> Line</b>	Emulsifying ointment	<b>Pack Size</b>	500 g
<b>3<sup>rd</sup> Line</b>	Hydromol Bath and Shower emollient	<b>Pack Size</b>	500 ml
<b>3<sup>rd</sup> Line</b>	QV Gentle Wash	<b>Pack Sizes</b>	250 ml, 500 ml
<b><u>Bath/shower preparations with antimicrobials:</u></b>			
<b>4<sup>th</sup> Line</b>	Dermol 500 lotion	<b>Pack Size</b>	500 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<b><u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u></b>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g

**NHS Dumfries & Galloway**

**Emollients:**

<b>1<sup>st</sup> Line</b>	Epimax original cream	<b>Pack Size</b>	500 g
<b>1<sup>st</sup> Line</b>	ExoCream	<b>Pack Size</b>	500 ml
<b>1<sup>st</sup> Line</b>	Epimax isomol gel	<b>Pack Size</b>	500 g
<b>2<sup>nd</sup> Line</b>	QV cream	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	250 g
<b>2<sup>nd</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g, 1 kg

**Emollient bath and shower additives:**

<b>1<sup>st</sup> Line</b>	Emulsifying ointment	<b>Pack Sizes</b>	500 g
<b>2<sup>nd</sup> Line</b>	Hydromol Bath and Shower emollient	<b>Pack Size</b>	500 ml
<b>2<sup>nd</sup> Line</b>	QV Gentle wash	<b>Pack Sizes</b>	250 ml, 500 ml

**Bath/shower preparations with antimicrobials:**

	Dermol 200 shower emollient	<b>Pack Size</b>	200 ml
	Dermol 600 bath emollient	<b>Pack Size</b>	600 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

**White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff**

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g

<b>NHS Fife</b>			
<b>East Region Formulary (NHS Borders, Fife and Lothian)</b>			
<b><u>Emollients (light weight):</u></b>			
<b>1<sup>st</sup> Line</b>	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
<b>2<sup>nd</sup> Line</b>	Oilatum cream	<b>Pack Sizes</b>	150 g, 500 ml
<b>2<sup>nd</sup> Line</b>	Cetraben cream	<b>Pack Sizes</b>	50 g, 150 g, 500 g, 1050 g
<b>2<sup>nd</sup> Line</b>	QV cream	<b>Pack Size</b>	500 g
<b>2<sup>nd</sup> Line</b>	Zerodouble gel	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	Zeroveen cream	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	QV skin lotion 5%	<b>Pack Sizes</b>	250 ml, 500 ml
<b><u>Emollients (heavy weight):</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
<b>2<sup>nd</sup> Line</b>	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	250 g
<b>2<sup>nd</sup> Line</b>	Emulsifying ointment	<b>Pack Size</b>	500 g
<b><u>Emollient bath and shower additives:</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
<b>2<sup>nd</sup> Line</b>	Emulsifying ointment	<b>Pack Size</b>	500 g
<b>3<sup>rd</sup> Line</b>	Hydromol Bath and Shower emollient	<b>Pack Size</b>	500 ml
<b>3<sup>rd</sup> Line</b>	QV Gentle Wash	<b>Pack Sizes</b>	250 ml, 500 ml
<b><u>Bath/shower preparations with antimicrobials:</u></b>			
<b>4<sup>th</sup> Line</b>	Dermol 500 lotion	<b>Pack Size</b>	500 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<b><u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u></b>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g

**NHS Forth Valley**

**Emollients:**

	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Sizes</b>	250 g, 500 g
1 <sup>st</sup> Line	Zeroderm ointment	<b>Pack Size</b>	125 g, 500 g
2 <sup>nd</sup> Line	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
1 <sup>st</sup> Line	Epimax isomol gel (contains phenoxyethanol)	<b>Pack Sizes</b>	100 g, 500 g
2 <sup>nd</sup> Line	Doublebase gel (if allergic to phenoxyethanol)	<b>Pack Sizes</b>	100 g, 500 g
1 <sup>st</sup> Line	Epimax original cream (contains phenoxyethanol)	<b>Pack Sizes</b>	100 g, 500 g
1 <sup>st</sup> Line	Zerobase 11% cream ( if allergic to phenoxyethanol)	<b>Pack Sizes</b>	50 g , 500 g
2 <sup>nd</sup> Line	Cetraben cream	<b>Pack Sizes</b>	50 g, 150 g, 500 g
2 <sup>nd</sup> Line	QV cream	<b>Pack Sizes</b>	100 g, 500 g
	QV 5% skin lotion	<b>Pack Sizes</b>	250 ml, 500 ml
	Dermol cream	<b>Pack Sizes</b>	100 g, 500 g
1 <sup>st</sup> Line	Dermol 500 lotion (as Soap Substitute)	<b>Pack Size</b>	500 ml
2 <sup>nd</sup> Line	QV Gentle wash (as Soap Substitute)	<b>Pack Sizes</b>	250 ml, 500 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

**White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff**

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g, 500 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g, 500 g
	KreaMoint 50:50 Ointment	<b>Pack Sizes</b>	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	<b>Pack Sizes</b>	500 g



**NHS Greater Glasgow and Clyde**

**Emollients:**

	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	500g
	Zerobase 11% cream	<b>Pack Size</b>	50 g, 500 g
<b><u>Emollient bath and shower additives:</u></b>			
	QV Gentle Wash	<b>Pack Size</b>	250 ml, 500 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

**White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff**

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	500 g
	Fifty:50 ointment	<b>Pack Sizes</b>	500 g
	KreaMoint 50:50 Ointment	<b>Pack Sizes</b>	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	<b>Pack Sizes</b>	500 g

**NHS Grampian**

**Emollients:**

**Ointments:**

<b>1<sup>st</sup> Line</b>			
	AproDerm ointment	<b>Pack Sizes</b>	50 g, 500 g
	Zeroderm ointment	<b>Pack Sizes</b>	125 g, 500 g
	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
	Cetraben ointment	<b>Pack Size</b>	450 g

**Gels:**

	Epimax isomol gel	<b>Pack Sizes</b>	100 g , 500 g
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**Creams:**

<b>1<sup>st</sup> Line</b>	Epimax original cream	<b>Pack Sizes</b>	100 g, 500 g
	AproDerm emollient cream	<b>Pack Sizes</b>	50 g, 500 g
	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
	QV cream	<b>Pack Sizes</b>	100 g, 500 g
	Cetraben cream	<b>Pack Sizes</b>	50 g, 150 g, 500 g, 1050 g

**Colloidal Oatmeal Creams:**

<b>1<sup>st</sup> Line</b>	Epimax oatmeal cream	<b>Pack Sizes</b>	100 g, 500 g
	AproDerm Colloidal Oat cream	<b>Pack Sizes</b>	100 g, 500 g
	Zeroveen cream	<b>Pack Sizes</b>	100 g, 500 g

**Urea 5 % Creams:**

	imuDERM emollient (urea 5%)	<b>Pack Size</b>	500 g
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**Lotions:**

	QV 5% skin lotion	<b>Pack Sizes</b>	250 ml, 500 ml
	Cetraben lotion	<b>Pack Sizes</b>	200 ml, 500 ml

**Emollient bath and shower additives:**

	QV Gentle wash (as a soap substitute)	<b>Pack Sizes</b>	250 ml, 500 ml
	Hydromol Bath and Shower emollient	<b>Pack Size</b>	500 ml

**NHS Highland**

**Emollients:**

	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	250 g
	Zeroderm ointment	<b>Pack Sizes</b>	125 g, 500 g
	Zerodouble gel	<b>Pack Sizes</b>	100 g, 500 g
	Dermol 500 lotion	<b>Pack Size</b>	500 ml

**Emollient bath and shower additives:**

	Balneum 84.75% bath oil	<b>Pack Sizes</b>	500 ml
	Emulsiderm emollient	<b>Pack Size</b>	300 ml
	Oilatum emollient	<b>Pack Sizes</b>	500 ml
	Oilatum Junior bath additive	<b>Pack Size</b>	150 ml, 300 ml, 600 ml

**Bath/shower preparations with antimicrobials**

	Dermol 200 shower emollient	<b>Pack Size</b>	200 ml
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**White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff**

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g

**NHS Lanarkshire**

**Emollients:**

	ExoCream	<b>Pack Size</b>	500 ml
	Epimax isomol gel	<b>Pack Size</b>	500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	250 g
	Emulsifying ointment	<b>Pack Sizes</b>	500 g

\* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

**White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff**

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g

<b>NHS Lothian</b>			
<b>East Region Formulary (NHS Borders, Fife and Lothian)</b>			
<b><u>Emollients (light weight):</u></b>			
<b>1<sup>st</sup> Line</b>	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
<b>2<sup>nd</sup> Line</b>	Oilatum cream	<b>Pack Sizes</b>	150 g, 500 ml
<b>2<sup>nd</sup> Line</b>	Cetraben cream	<b>Pack Sizes</b>	50 g, 150 g, 500 g, 1050 g
<b>2<sup>nd</sup> Line</b>	QV cream	<b>Pack Size</b>	500 g
<b>2<sup>nd</sup> Line</b>	Zerodouble gel	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	Zeroveen cream	<b>Pack Sizes</b>	100 g, 500 g
<b>2<sup>nd</sup> Line</b>	QV skin lotion 5%	<b>Pack Sizes</b>	250 ml, 500 ml
<b><u>Emollients (heavy weight):</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
<b>2<sup>nd</sup> Line</b>	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	250 g
<b>2<sup>nd</sup> Line</b>	Emulsifying ointment	<b>Pack Size</b>	500 g
<b><u>Emollient bath and shower additives:</u></b>			
<b>1<sup>st</sup> Line</b>	Hydromol ointment	<b>Pack Sizes</b>	125 g, 500 g
<b>2<sup>nd</sup> Line</b>	Emulsifying ointment	<b>Pack Size</b>	500 g
<b>3<sup>rd</sup> Line</b>	Hydromol Bath and Shower emollient	<b>Pack Size</b>	500 ml
<b>3<sup>rd</sup> Line</b>	QV Gentle Wash	<b>Pack Sizes</b>	250 ml, 500 ml
<b><u>Bath/shower preparations with antimicrobials:</u></b>			
<b>4<sup>th</sup> Line</b>	Dermol 500 lotion	<b>Pack Size</b>	500 ml

\* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<b><u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u></b>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	250 g
	Fifty:50 ointment	<b>Pack Sizes</b>	250 g

NHS Orkney

**Emollients:**

	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
	Zeroderm ointment	<b>Pack Sizes</b>	125 g, 500 g
	Zerodouble gel	<b>Pack Sizes</b>	100 g, 500 g

**NHS Shetland****Emollients:**

	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
	Zeroderm ointment	<b>Pack Sizes</b>	125 g, 500 g
	Zerodouble gel	<b>Pack Sizes</b>	100 g, 500 g

<b>NHS Tayside</b>			
<b><u>Emollients:</u></b>			
<b><u>Ointments:</u></b>			
	AproDerm ointment	<b>Pack Sizes</b>	50 g, 500 g
	Epimax ointment	<b>Pack Sizes</b>	125 g , 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	<b>Pack Size</b>	500 g
<b><u>Creams</u></b>			
	Epimax original cream	<b>Pack Sizes</b>	100 g, 500 g
	Zerobase 11% cream	<b>Pack Sizes</b>	50 g, 500 g
<b><u>Gel</u></b>			
	Epimax isomol gel	<b>Pack Sizes</b>	100 g, 500 g
<b><u>Soap substitute:</u></b>			
	QV Gentle wash	<b>Pack Sizes</b>	250 ml, 500 ml

\*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<b><u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u></b>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	<b>Pack Sizes</b>	500 g
	Fifty:50 ointment	<b>Pack Sizes</b>	500 g
	KreaMoint 50:50 Ointment	<b>Pack Sizes</b>	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	<b>Pack Sizes</b>	500 g

<b>NHS Western Isles</b>	
<b>See NHS Highland choices</b>	



## 10. Skin (cont.)

### 10.2 Nappy Rash

	Conotrane cream	Pack Sizes	500 g
	Metanium Nappy Rash ointment	Pack Sizes	30 g
	Sudocrem antiseptic healing cream	Pack Sizes	125 g, 250 g, 400 g

### 10.3 Allergy/Itch

	Aqueous Calamine cream	Pack Size	100 g
	Clobetasone 0.05% cream	Pack Size	15 g
	Crotamiton 10% cream	Pack Sizes	30 g, 100 g
	Hydrocortisone 1% cream	Pack Size	15 g
	AquaSoothe 1% cream	Pack Size	100 g
	Arjun 1% cream	Pack Size	100 g
	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg/ ml oral solution sugar free	Pack Size	70 ml, 200 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine 2mg/5ml oral solution	Pack Size	150 ml
	Chlorphenamine 2mg/5ml oral solution sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml

### 10.4 Acne

	Acnecide 5% gel	Pack Size	30 g
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### 10.5 Scalp Disorders

	Capasal Therapeutic shampoo	Pack Size	250 ml
	Coal tar extract 2% shampoo	Pack Sizes	125 ml, 250 ml
	Ketoconazole shampoo 2%	Pack Sizes	60 ml, 100 ml
	Olive oil *	Pack Size	92 ml
	Sebco ointment	Pack Sizes	40 g, 100 g

### 10.6 Boils

	Magnesium sulfate paste BP	Pack Sizes	50 g
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\*Olive oil – use of this product should be in line with [BNF Treatment Summary](#).

## 11. Dressings and Appliances

### 11.1 Dressings

	Clinipore tape 2.5 cm x 5 m	Pack Size	1
	Melolin 10 cm x 10 cm	Pack Size	1
	Melolin 5 cm x 5 cm	Pack Size	1
	Mepore dressing 10 cm x 11 cm	Pack Size	1
	Mepore dressing 7 cm x 8 cm	Pack Size	1
	Micropore tape 2.5 cm x 5 m	Pack Size	1
	365 Non Woven Island dressing 10cm x 10cm (365 Healthcare Ltd)	Pack Size	1
	365 Non Woven Island dressing 6cm x 8cm (365 Healthcare Ltd)	Pack Size	1
	365 Non Adherent dressing 5cm x 5cm (365 Healthcare Ltd)	Pack Size	1
	365 Non Adherent dressing 10cm x 10cm (365 Healthcare Ltd)	Pack Size	1
	365 Film dressing 10cm x 12cm (365 Healthcare Ltd)	Pack Size	1
	365 Film dressing 6cm x 7cm (365 Healthcare Ltd)	Pack Size	1
	ComfiGrip Elasticated bandage size B	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size B	Pack Size	1 m
	ComfiGrip Elasticated bandage size C	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size C	Pack Size	1 m
	ComfiGrip Elasticated bandage size D	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size D	Pack Size	1 m
	ComfiGrip Elasticated bandage size E	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size E	Pack Size	1 m
	ComfiGrip Elasticated bandage size F	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size F	Pack Size	1 m
	ComfiGrip Elasticated bandage size G	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size G	Pack Size	1 m